Unit	A Vocabulary	B Grammar	C Vocabulary	D Grammar
Introduction	p4 Holidays Tourist and visitor attractions (<i>aquarium</i> , <i>castle</i> , etc.) Holiday activities (<i>lie on the beach</i> , <i>hire a kayak</i> , etc.) Grammar: Past simple Speaking: Describing holidays	p5 Present tense contrast Dynamic and state verbs Vocabulary: Social activities (meet friends in town, etc.)	p6 Adjectives Adjectives describing feelings (<i>anxious, ashamed</i> , etc.) Adjectives describing personality (<i>flexible, honest</i> , etc.) -ed and -ing adjectives Negative prefixes (<i>un-, dis-, in-</i> , etc.) Speaking: Describing personality	p7 Articles, will and going to Speaking: Talking about plans for the future
Unit	A Vocabulary	B Grammar	C Listening	D Grammar
1 Generations	p8 Ages and stages Stages of life (be an adult, be a centenarian, etc.) Life events (be born, be brought up, etc.) Speaking: Talking about your family and background Recycle: Past simple Teens talking about their families and backgrounds	p10 Past tense contrast Past simple, past continuous and past perfect	p11 Family tensions Strategy: Listening for tone of voice Vocabulary: Attitude adjectives (accusing, etc.) Speaking: What causes family arguments? Teens talking about family tensions and arguments	p12 used to Contrast with be / get used to
	p18 Exam Skills Trainer 1 • Reading: Multiple matching • Lister	ning: Multiple choice • Use	of English: Multiple-choice cloze • Speaking: Role-play •	Writing: A message
2 Leisure time	p20 Love it or hate it Activities and sports (use social media, bake cakes, etc.) do, play and go (do ballet, play basketball, go cycling, etc.) Speaking: Sports and leisure quiz Recycle: Present simple and adverbs of frequency Teens talk about things they hate	p22 Present perfect and past simple contrast Speaking: Talking about experiences	p23 Eating out Strategy: Identifying the context of a dialogue Vocabulary: Food dishes (curry, pie, pudding, etc.) Vocabulary: Phrases to describe experiences (a bit special, etc.) Two teens talk about eating out	p24 Present perfect simple and continuous Use of English
The human body	p30 Parts of the body Parts of the body (ankle, bottom, brain, etc.) Treatments (antibiotics, bandage, etc.) Accidents and injuries (bang your head, break a bone, etc.) Speaking: Human body quiz Speaking: Role-play: at the doctor's Recycle: Present perfect and past simple At the doctor's	p32 Speculating and predicting will, may, might, could First conditional Speaking: Making predictions about your future	p33 The body's limits Strategy: Listening for numbers, dates and measurements Vocabulary: Large numbers, fractions, percentages, ratios, etc. The limits of human survival	p34 Future continuous and future perfect Vocabulary: Future time expressions (in 100 years' time, etc.) Key phrases: Asking for and offering a response (What's your view?, etc.)
	p40 Exam Skills Trainer 2 • Reading: Missing sentences • Listening: Multiple matching • Use of English: Open cloze • Speaking: Picture comparison and discussion			
4 Home	p42 Describing houses and homes Types of home (bungalow, thatched cottage, etc.) Parts of a house and garden (attic, balcony, etc.) Describing houses and rooms (beautifully restored, etc.) Key phrases: Describing where you live (It's a flat, etc.) Recycle: some, any, much, many An estate agent shows someone round a house Teens describe their homes	p44 Comparison Comparative and superlative adjectives and adverbs, double comparatives Use of English	p45 Young and homeless Strategy: Recognising paraphrases of simple verbs in a recording Strategy: Register and context Speaking: Discussing homelessness People talking about aspects of homelessness	p46 Imaginary situations Second conditional I wish , If only
5 Technology	p52 Computing Digital activities (download music, etc.) Computing verbs (comment, forward, etc.) Computing: useful collocations (empty the trash, etc.) Speaking: Technology quiz Speaking: Instructions for digital technology Recycle: Imperatives Calling a helpline	p54 Quantifiers every one of and none of Use of English	p55 Navigation nightmare Strategy: Distinguishing fact from opinion Vocabulary: Gadgets (camcorder, digital radio, etc.) Key phrases: Expressing opinions (I believe that , etc.) A dialogue about an amusing satnav mistake Problems with gadgets	p56 Modals in the past Modal verbs Use of English
	p62 Exam Skills Trainer 3 • Reading: Multiple choice • Listening: True or false • Use of English: Key word transformations • Speaking: Picture comparison and discussion			
6 High flyers	p64 Describing character Describing character: nouns (ambition, cheerfulness, etc.) Describing character: adjectives (ambitious, cheerful, etc.) Personal qualities (show lots of initiative, etc.) Recycle: Comparison People discussing qualities needed for jobs	p66 Defining relative clauses Omitting object pronouns Use of English	p67 Nellie Bly Strategy: Listening for linking words and phrases Use of English Speaking: Discussing Nellie Bly's achievements Nellie Bly's round-the-world trip	p68 Non-defining relative clauses Use of English
7 Artists	p74 Talking about the arts Art forms (ballet, cartoon, etc.) Artists (actor, composer, etc.) Artistic activities (act, carve, etc.) Cultural activities (went to a rock concert, read a novel, etc.) Recycle: Articles People talking about cultural events	p76 The passive	p77 Poetry in motion Strategy: Listening for implications and subtext Speaking: Discussing poetry The Lost Generation People talking about poetry	p78 have something done Reflexive pronouns
	p84 Exam Skills Trainer 4 • Reading: True or false • Listening: I	Multiple choice • Use of Eng	glish: Multiple-choice cloze • Speaking: Role-play • Writ	ing: A book review
8 Messages	p86 On the phone Key phrases: Collocations: using a mobile phone (listen to your voicemail, lose the signal, etc.) Key phrases: Phrasal verbs: phoning (get through, speak up, etc.) Speaking: Talking about mobile phones Recycle: Phrasal verbs Phone conversations	p88 Reported speech Pronouns, possessive adjectives and references to time and place in reported speech	p89 Global network Strategy: Listening for gist Strategy: Answering multiple-choice questions Vocabulary: Phrasal verbs (work out, set off, etc.) Speaking: Talking about problems and solutions A radio programme about communication	p90 Reported questions An extract from a film
Journeys	p96 Travel and transport Forms of transport (aircraft, cable car, etc.) Travel: places (airport, buffet car, etc.) Speaking: Discussing forms of transport Speaking: Travel role-plays Recycle: The passive Dialogues about transport	p98 Third conditional Contracting <i>have</i> in spoken third conditional sentences	p99 Travel solutions Strategy: Identifying names and proper nouns Strategy: Identifying register Vocabulary: Travel collocations (board a plane, etc.) Travel problems	p100 Participle clauses
	p106 Exam Skills Trainer 5 • Reading: Multiple choice • Listening: Summary completion • Use of English: Word formation • Speaking: Photo comparison and discussion p108 B2 Exam Skills Trainer 1 • Reading: Multiple matching • Listening: Multiple choice • Use of English: Word formation p110 B2 Exam Skills Trainer 2 • Reading: Missing sentences • Listening: Multiple matching • Use of English: Multiple-choice cloze • Speaking: Interview			

Culture Bank p112

- 1 Ethnic minorities in the UK 2 Tinseltown 3 British sporting events 4 Royal palaces
- 5 Benjamin Franklin 6 British public schools 7 Charles Dickens 8 Helen Keller 9 Victorian explorers

Vocabulary Builder p121 Grammar Builder and Reference p126 Extra speaking tasks p144

Listening

E Word Skills

Three-part phrasal verbs (look up to,

Dictionary work

p13 Phrasal verbs (1)

catch up with, etc.)

F Reading

p14 Adolescence How to handle your parents

Strategy: Gapped-sentence tasks Vocabulary: Related nouns and adjectives

Key phrases: Presenting your ideas

G Speaking

p16 Role-play

Strategy: Preparing to speak Vocabulary: Exchange programmes Grammar: should and ought to for advice

Advice for an exchange student

H Writing p17 A message

Strategy: Completing all parts of the

task

Key phrases: Polite requests

p25 Compound nouns and

adjectives Vocabulary: Sports venues:

compound nouns

Vocabulary: Compound adjectives Students talk about school

Related nouns, adjectives and

Vocabulary: Adjectives to describe feelings (afraid, anxious, etc.)

p26 Field games

GPS challenge

Strategy: Multiple-choice questions

Vocabulary: Prepositions (all along, beside, etc.) Vocabulary: Adjectives (addictive, boring, etc.)

Key phrases: Explaining preference

p28 Stimulus-based discussion

Strategy: Using a range of phrases to express opinions Vocabulary: Adventure activities (abseiling, bodyboarding,

Key phrases: Making and justifying a choice and rejecting

other options (I quite fancy, etc.) Key phrases: Coming to an agreement

Choosing a leisure activity

Strategy: Giving your description a structure

Key phrases: Identifying people in photos (the man in the red

Caring for your appearance

p29 A blog post

Strategy: Keeping within the word limit Vocabulary: School clubs (art club,

astronomy club, etc.)

p35 Word families

adverbs

Use of English

p36 Body clock

Night and day

Strategy: Matching questions with texts and

paragraphs

Vocabulary: Homonyms

p38 Photo description

shirt, the girl with a ponytail, etc.)

Key phrases: Speculating about photos (It looks like ..., etc.)

p39 An opinion essay

Strategy: Structuring your essay and using appropriate language Key phrases: Introducing opinions, additional points, proposals and solutions, and conclusions

• Writing: An opinion essay

p47 do, make, take Dictionary work Use of English

p48 Alternative living

Alternative homes

Strategy: Finding evidence in the text for your

Vocabulary: Homes: compound nouns (front door, housing estate, etc.)

p50 Photo comparison and discussion

Strategy: Developing your statements

Strategy: Making time to think as you speak Vocabulary: In the house (bedside table, bookcase, etc.)

Key phrases: Phrases for gaining time (Let me see, etc.) The pros and cons of different types of accommodation

p51 An email

Strategy: Appropriate language for informal emails and letters Key phrases: Beginning and ending a letter or email

Grammar: would rather, had better

p57 Adjective + preposition

Dictionary work Use of English

p58 Clever machines

Testing intelligence

Strategy: Answering multiple-choice questions Vocabulary: Verb-noun collocations (break a code, etc.)

p60 Photo comparison

Strategy: Using key phrases to compare and contrast photos

Vocabulary: School subjects (art, drama, etc.)

Photo descriptions

p61 An internet forum post

Strategy: Answering all the elements in

a writing task

Grammar: Concession clauses

• Writing: An internet forum post

p69 Phrasal verbs (2)

Separable and inseparable phrasal verbs (work out, look after, etc.) Dictionary work

p70 #GIRLBOSS

Rags to riches

Strategy: Answering gapped-sentence tasks Vocabulary: Verb + preposition combinations

p72 Guided conversation

Strategy: Completing the task / Moving the conversation on Grammar: Indirect questions

Key phrases: Indirect questions (Could you tell me ... ?, etc.)

A job interview with a hotel manager

p73 A for and against essay

Strategy: Using rhetorical questions

Grammar: Preparatory it

p79 Indefinite pronouns

Indefinite pronouns in offers and reauests

Vocabulary: Musical genres (blues, classical, etc.)

Vocabulary: Aspects of music (beat, chorus, etc.)

p80 Graffiti's softer side

Granny graffiti

Strategy: Answering multiple-choice questions Vocabulary: In the street (statue, stop sign, etc.) Key phrases: Arguing your point (In my opinion,

As I see it, etc.)

p82 Photo comparison and role-play Strategy: Using a variety of expressions

Strategy: Phrases for introducing negative preferences

Key phrases: Talking about likes and dislikes

Vocabulary: Cultural events and shows Choosing a show or cultural event

Talking about cultural events

p83 Article: a book review

Strategy: Choosing a title for an article Strategy: Structuring your article Key phrases: Describing stories (There are lots of twists and turns, It's a real page-turner, etc.)

p91 Verb patterns: reporting verbs

Vocabulary: Reporting verbs (admit, persuade, etc.)

p92 A novel idea

A different type of phone book

Strategy: Answering gapped-sentence tasks Vocabulary: Reading matter (biographies, etc.) Vocabulary: Digital formats (blogs, e-books, etc.) Vocabulary: Compound nouns (leisure time,

p94 Photo description

Strategy: Engaging with the person you are speaking to Key phrases: Speculating (It could be (that) ... , etc.)

Talking about emergency phone calls

p95 A narrative

Strategy: Using adverbs and tenses Key phrases: Narrative time expressions

(a while back, etc.) Grammar: Verbs with two objects

p101 Verb patterns stop, remember, etc.

p102 Miscalculations

Disastrous mistakes! Strategy: Matching more than one text with a auestion

Vocabulary: Units of measurement

p104 Guided conversation

Strategy: Using your preparation time Strategy: Interacting appropriately

Vocabulary: Holiday activities and accommodation

🞧 Planning a holiday

p105 A formal letter

Strategy: Starting and finishing a

formal letter

Strategy: Using paragraphs

Vocabulary: Formal words and phrases

- Writing: A formal letter of complaint • Speaking: Picture-based long turn / Topic discussion • Writing: An opinion essay
- Writing: A report