

Unit	A Reading and vocabulary	B Grammar and listening
Welcome	<b>p4 Hello</b> <b>Vocabulary</b> The alphabet; countries and nationalities; talking about interests; numbers 1–30  <b>Listening</b> Spelling words; Where are you from?; numbers	<b>p6 Are you in a band?</b> <b>Grammar</b> <i>be</i> : affirmative, negative, questions and short answers  <b>Listening</b> Interview with Bruno
1 That's life	<b>p14 Breakfast in space</b> <b>Reading</b> Life in space <b>Vocabulary</b> Daily routines; prepositions of time <b>Strategy</b> Guessing the meaning of unknown words 1	<b>p16 Bright and early</b> <b>Grammar</b> Present simple: affirmative and negative  <b>Listening</b> Jake's hobby <b>Reading</b> It's a beautiful morning!
Review 1 p23		
2 Time out	<b>p24 Cycling in the desert</b> <b>Reading</b> Free time in the middle of nowhere <b>Vocabulary</b> Free-time activities; likes and dislikes <b>Strategy</b> Skim-reading for the main ideas; Recording antonyms	<b>p26 Healthy living</b> <b>Grammar</b> Adverbs of frequency  <b>Listening</b> Healthy lifestyle survey <b>Reading</b> Sitting volleyball
Review 2 p33 Cumulative review Units 1–2 p34		
3 Home and away	<b>p36 House of the future</b> <b>Reading</b> Earthships <b>Vocabulary</b> Inside and outside the home; prepositions of place <b>Strategy</b> Recording vocabulary with pictures	<b>p38 Enjoy the view</b> <b>Grammar</b> <i>there is / there are</i> with <i>some / any</i>  <b>Listening</b> Sam's holiday <b>Reading</b> Beach hotel or tree house?
Review 3 p45		
4 The natural world	<b>p46 It's wild!</b> <b>Reading</b> Working together <b>Vocabulary</b> The natural world; animal verbs <b>Strategy</b> Recording words in context	<b>p48 What are you watching?</b> <b>Grammar</b> Present continuous  <b>Listening</b> Where is Raj? <b>Reading</b> Watching animals
Review 4 p55 Cumulative review Units 1–4 p56		
5 Food, glorious food	<b>p58 Food matters</b> <b>Reading</b> Unusual diets <b>Vocabulary</b> Food; compound nouns <b>Strategy</b> Making mind maps	<b>p60 School food with a difference</b> <b>Grammar</b> Countable and uncountable nouns; <i>much, many, a lot of</i>  <b>Listening / Reading</b> Farm school
Review 5 p67		
6 Material world	<b>p68 Nearly new</b> <b>Reading</b> Shwopping <b>Vocabulary</b> Clothes and accessories; shopping and clothes words; negative prefixes <b>Strategy</b> Scanning for detail	<b>p70 Cyber Monday</b> <b>Grammar</b> Comparative adjectives  <b>Listening</b> Online shopping <b>Reading</b> Online shopping – how it works
Review 6 p77 Cumulative review Units 1–6 p78		
7 It's tough!	<b>p80 Different shapes</b> <b>Reading</b> The world's toughest <b>Vocabulary</b> Parts of the body; noun suffixes <i>-er</i> and <i>-or</i> <b>Strategy</b> Guessing the meaning of unknown words 2	<b>p82 Keep it clean!</b> <b>Grammar</b> <i>have to</i> and <i>should</i> <b>Reading</b> Cleaning the UK's favourite tourist attractions  <b>Listening</b> A school club
Review 7 p89		
8 Life story	<b>p90 Life's ups and downs</b> <b>Reading</b> Music: the road to success <b>Vocabulary</b> Life stages; adjective suffixes: <i>-ful</i> and <i>-al</i>	<b>p92 The human story</b> <b>Grammar</b> Past simple affirmative: regular and irregular verbs <b>Reading</b> Out of Africa  <b>Listening</b> Neanderthals <b>Strategy</b> Listening for gist and for detail
Review 8 p99 Cumulative review Units 1–8 p100		
9 Changes	<b>p102 A new model</b> <b>Reading</b> It's a model job <b>Vocabulary</b> Describing people; <i>like</i> <b>Strategy</b> Writing summaries	<b>p104 A new life</b> <b>Grammar</b> <i>going to</i> : plans  <b>Listening / Reading</b> Everything's going to be different
Review 9 p111		
10 Explore	<b>p112 Tourists ... Who wants them?</b> <b>Reading</b> Tourism – the pros and cons <b>Vocabulary</b> Holiday places; prepositions of place: <i>in, on, at</i>	<b>p114 Adventure</b> <b>Grammar</b> Present perfect affirmative and negative: regular and irregular verbs  <b>Listening / Reading</b> Adventurer rows the oceans
Review 10 p121 Cumulative review Units 1–10 p122		

C Culture, vocabulary and grammar	D Listening, speaking and vocabulary	E Writing
<b>p8 Happy families</b> <b>Vocabulary</b> Family; feelings; plural nouns <b>Grammar</b> Possessive adjectives; <i>this, that, these, those</i>	<b>p10 Friends</b> <b>Vocabulary</b> Appearance adjectives <b>Grammar</b> <i>have got</i> ; object pronouns; <i>a / an</i> and <i>the</i>	<b>p12 The world is a village</b> <b>Vocabulary</b> Days, months and seasons; numbers 31+; ordinals and dates <b>Reading</b> The world as a village
Vocabulary bank p124 Countries and nationalities, Colours, The time		
<b>p18 British schools</b> <b>Reading</b> Eton College and Parrs Wood School <b>Vocabulary</b> School subjects <b>Grammar</b> Present simple: questions and short answers; question words	<b>p20 Journeys to school</b> 🔊 <b>Listening</b> How do you get to school? <b>Vocabulary</b> Transport <b>Strategy</b> Understanding synonyms <b>Everyday English</b> Classroom language	<b>p22 A questionnaire</b> <b>Strategy</b> Checking your writing Capital letters
Vocabulary bank p126 Classroom items, Classroom language		
<b>p28 Making music</b> <b>Reading</b> Music for everyone <b>Vocabulary</b> Musical instruments <b>Grammar</b> <i>can / can't</i> for ability	<b>p30 Superheroes</b> 🔊 <b>Listening</b> Superheroes <b>Vocabulary</b> Languages <b>Strategy</b> Recognizing spelling patterns <b>Everyday English</b> Adverbs of manner; requests with <i>can</i> and <i>could</i>	<b>p32 An informal letter</b> <b>Strategy</b> Writing informal letters Linking words: <i>and, but, or</i>
Vocabulary bank p127 Sports, Sports collocations: <i>play, do &amp; go</i>		
<b>p40 Underground city</b> <b>Reading</b> Underground Montreal <b>Grammar</b> Possessive <i>'s</i> ; possessive pronouns and <i>whose</i>	<b>p42 Around town</b> <b>Vocabulary</b> City to country 🔊 <b>Listening</b> Where we live <b>Strategy</b> Listening for key words <b>Everyday English</b> Asking for and giving directions	<b>p44 A tourist guide</b> <b>Strategy</b> Using a model text Sequencers
Vocabulary bank p128 In the home, Around town		
<b>p50 What's the weather like?</b> <b>Reading</b> What's the weather like with you? <b>Grammar</b> Present simple or present continuous? <b>Vocabulary</b> Describing weather; adjective suffix <i>-y</i>	<b>p52 Get active</b> 🔊 <b>Listening</b> Redingly activity centre <b>Vocabulary</b> Outdoor activities <b>Strategy</b> Using visual clues <b>Everyday English</b> Making suggestions	<b>p54 Describing a photo</b> <b>Strategy</b> Using questions to plan your writing Describing a photo and expressing uncertainty
Vocabulary bank p129 Animals, Pets		
<b>p62 Traditional food</b> <b>Reading</b> Food map of Britain and Ireland <b>Grammar</b> <i>a little / a few</i> <b>Vocabulary</b> On the dinner table	<b>p64 Delicious or disgusting?</b> 🔊 <b>Listening</b> Unusual food <b>Vocabulary</b> Opinion adjectives <b>Everyday English</b> Ordering food	<b>p66 A description of a festival</b> <b>Strategy</b> Focussing on the writing goal Linking words of addition: <i>too, also</i>
Vocabulary bank p130 Food, Food quantities		
<b>p72 Black Friday</b> <b>Reading</b> Black Friday or Buy Nothing Day? <b>Grammar</b> Superlative adjectives <b>Vocabulary</b> Shopping <b>Strategy</b> Increasing your vocabulary	<b>p74 Can't live without it</b> 🔊 <b>Listening</b> Living without technology <b>Vocabulary</b> Gadgets <b>Everyday English</b> Buying clothes	<b>p76 A review of a gadget</b> <b>Strategy</b> Using a bilingual dictionary Positive and negative adjectives An e-reader
Vocabulary bank p131 Shops, Clothes verbs		
<b>p84 The first Thanksgiving</b> <b>Reading</b> Constance Hopkins and the <i>Mayflower</i> pilgrims <b>Grammar</b> Past simple: <i>be</i> and <i>can</i> <b>Vocabulary</b> Opposite adjectives <b>Strategy</b> Using new words	<b>p86 What's wrong?</b> 🔊 <b>Listening</b> Health facts and myths <b>Vocabulary</b> Health <b>Everyday English</b> Talking about illness	<b>p88 A letter of advice</b> <b>Strategy</b> Brainstorming ideas Making suggestions and giving advice
Vocabulary bank p132 Housework, Health problems		
<b>p94 Great writers</b> <b>Reading</b> Mary Shelley and Emily Dickinson <b>Grammar</b> Past simple: negative, questions and short answers <b>Vocabulary</b> Types of writing	<b>p96 Moments to remember</b> 🔊 <b>Listening</b> The best moment of your life <b>Vocabulary</b> Collocations with <i>take</i> <b>Strategy</b> Identifying and using collocations <b>Everyday English</b> Talking about your weekend	<b>p98 A narrative</b> <b>Strategy</b> Making your writing interesting Narrative adverbs
Vocabulary bank p133 Jobs, Past time expressions		
<b>p106 A new year</b> <b>Reading</b> Let's celebrate <b>Vocabulary</b> noun suffixes <i>-ion</i> and <i>-ment</i> <b>Strategy</b> Revising vocabulary <b>Grammar</b> <i>will</i> : predictions	<b>p108 A new business</b> 🔊 <b>Listening</b> Young enterprise <b>Vocabulary</b> Phrasal verbs <b>Everyday English</b> Talking on the phone	<b>p110 An informal email</b> <b>Strategy</b> Making your writing personal Informal language for emails
Vocabulary bank p134 Materials, On the phone: phrasal verbs		
<b>p116 Travel USA</b> <b>Reading</b> Staycations in the USA <b>Grammar</b> Present perfect: questions, short answers, with <i>ever</i> and <i>never</i> <b>Vocabulary</b> US English <b>Strategy</b> Varieties of English	<b>p118 Trans-Siberian</b> <b>Vocabulary</b> Travel collocations 🔊 <b>Listening</b> Moscow by train <b>Strategy</b> Taking notes <b>Everyday English</b> Tourist information	<b>p120 A profile</b> <b>Strategy</b> Choosing the right tense Linking words: <i>so</i> and <i>because</i>
Vocabulary bank p135 Types of holidays, Holidays: phrasal verbs		