

Unit	A Reading and vocabulary	B Grammar and listening
1 Our world	p4 Everyday life Reading Life in a day Strategy Scanning for specific information Vocabulary insight Adjectives + prepositions: feelings Vocabulary insight Compound nouns: everyday objects	p6 Around the world Grammar Present simple and present continuous  Listening Volunteer projects
Vocabulary insight 1 p14 Using a dictionary: parts of speech Review 1 p15		
2 Places	p16 Ghost towns Reading Ghost towns: then and now Strategy Identifying paraphrase Vocabulary insight Antonyms: describing places Vocabulary Places in town	p18 The kindness of strangers Grammar Past simple and past continuous  Listening A happy ending
Vocabulary insight 2 p26 Using a dictionary: synonyms and antonyms Review 2 p27 Cumulative review Units 1–2 p28		
3 Choices	p30 In my fridge Reading Food for thought: the good, the bad and the really ugly Vocabulary Life cycle of food Vocabulary insight Compound nouns and adjectives	p32 Burger or broccoli? Grammar Determiners: <i>a lot of, a little, a few, some, any, much</i> and <i>many</i>  Listening Eating habits in the UK
Vocabulary insight 3 p40 Recording vocabulary Review 3 p41		
4 My space	p42 Moving house Reading The 1940s house Vocabulary insight Adverbs of manner and comment Vocabulary insight Compound adjectives	p44 A room of my own Grammar Comparative and superlative adjectives (<i>not</i>) <i>as... as, too, enough</i>  Listening The best room in the house
Vocabulary insight 4 p52 Phrasal verbs: literal and non-literal meanings Review 4 p53 Cumulative review Units 1–4 p54		
5 No limits	p56 Taking risks Reading Blame your brain Strategy Understanding pronoun referencing Vocabulary insight Adjective suffixes: <i>-ing</i> and <i>-ed</i> Vocabulary insight Noun suffixes: <i>-ment</i> and <i>-ion</i>	p58 Too young, too old? Grammar Present perfect and past simple Present perfect with <i>already, just</i> and <i>yet</i>  Listening At the top of the world
Vocabulary insight 5 p66 Phrasal verbs: understanding the particle Review 5 p67		
6 Roads to education	p68 A hard lesson Reading War zones Vocabulary insight Collocations: crime Vocabulary insight Negative prefixes: <i>un-, im-, ir-</i> and <i>il-</i>	p70 Hungry to learn Grammar <i>will</i> and <i>going to</i> First conditional  Listening I want to be a teacher
Vocabulary insight 6 p78 Using a dictionary: verb and noun collocations Review 6 p79 Cumulative review Units 1–6 p80		
7 Progress?	p82 Big and small Reading Going global Vocabulary Statistics Vocabulary insight Nouns with two meanings	p84 Be an entrepreneur Grammar <i>must, mustn't, have to, don't have to</i>  Listening How to catch a dream
Vocabulary insight 7 p92 Using a dictionary: words with more than one meaning Review 7 p93		
8 Achieve	p94 Against all odds Reading Success stories Vocabulary insight Verbs + prepositions: success Vocabulary insight Suffixes: <i>-ant, -ent, -ance, -ence</i>	p96 Foul play Grammar Past perfect  Listening Don't believe your ears
Vocabulary insight 8 p104 Using a dictionary: dependent prepositions Review 8 p105 Cumulative review Units 1–8 p106		
9 The media	p108 In the news Reading What's in the news? Vocabulary The press Vocabulary insight Collocations: the media	p110 Multitasking Grammar Reported speech <i>say</i> and <i>tell</i>  Listening A multifunctional device  Listening To multitask or not to multitask?
Vocabulary insight 9 p118 Using a dictionary: easily-confused words Review 9 p119		
10 Made in ...	p120 Make a difference Reading The story of your T-shirt Strategy Understanding the purpose of a text Vocabulary insight Phrasal verbs: buying and selling clothes Vocabulary insight Compound nouns	p122 Where does it come from? Grammar The passive: present simple, past simple and present perfect  Listening How much do you know about ... ?
Vocabulary insight 10 p130 Word families Review 10 p131 Cumulative review Units 1–10 p132		

C Listening, speaking and vocabulary	D Culture, vocabulary and grammar	E Writing
p8 New friends  Listening Couch surfers Vocabulary insight Collocations with <i>make</i> and <i>do</i> Everyday English Asking for personal information	p10 Immigration Reading Around the world on the Number 7 train Vocabulary insight Phrasal verbs with <i>get</i> Grammar Articles	p12 An informal letter Strategy Preparing to write Talking about similarities and differences
Vocabulary bank p134 Routines, Free-time activities		
p20 Getting around  Listening An unusual traveller Vocabulary The senses Everyday English Asking for and giving directions	p22 Naming places Reading What's in a name? Vocabulary insight Verbs + prepositions Grammar <i>while, as</i> and <i>when</i>	p24 A travel blog Strategy Avoiding repetition Vocabulary insight Collocations: descriptive adjectives
Vocabulary bank p135 Geographical features, Prepositions of movement		
p34 Eating out  Listening Vending machines Strategy Listening for key words and phrases Grammar Indefinite pronouns and adverbs: <i>some-, any-, no-, every-</i> Everyday English Inviting	p36 Notes from a big country Reading Junk Food Heaven Vocabulary insight Containers Grammar Relative pronouns and adverbs	p38 Short texts: notes, invitations, adverts and announcements Strategy Thinking about purpose Abbreviations
Vocabulary bank p136 Food and nutrition, Food adjectives		
p46 House rules  Listening Whose house is it anyway? Vocabulary insight Collocations: household chores Everyday English Asking permission	p48 Historic homes Reading A house with a history Strategy Predicting content Vocabulary insight Phrasal verbs Grammar Verbs + infinitive or <i>-ing</i> form	p50 An email: description of a room Strategy Writing opening sentences Vocabulary insight Adverbs of degree
Vocabulary bank p137 Houses and homes, Parts of a house		
p60 Fears and phobias  Listening The fear factor Vocabulary insight Base and strong adjectives Everyday English Describing a photo	p62 Antarctic adventure Reading Eyewitness account: Scott's Hut Vocabulary insight Phrasal verbs: stages in a journey Grammar Present perfect with <i>for</i> and <i>since</i>	p64 A letter: description of a person Strategy Paragraphs and topic sentences Expressing addition
Vocabulary bank p138 Generations, Personality adjectives		
p72 The best things in life  Listening Playing games Strategy Taking notes Grammar Zero conditional Everyday English Making offers and suggestions	p74 Life goals Reading The Geography Lesson Vocabulary Adjectives in poems Grammar Expressing probability:	p76 A for and against essay Strategy Brainstorming ideas Expressing contrast
Vocabulary bank p139 School: bad behaviour, School: compound nouns		
p86 Silicon Valley  Listening Bright ideas Strategy Listening for statistics Vocabulary Business Everyday English Asking for and giving advice	p88 The English language Reading All you need to know about English Vocabulary Language Grammar Second conditional <i>I wish ...</i>	p90 A formal email Strategy Using the correct register Expressing reason and result
Vocabulary bank p140 Country facts, Electronic devices: compound nouns		
p98 The greatest  Listening What's the greatest achievement in human history? Vocabulary insight Collocations: achievement Everyday English Expressing and justifying opinions	p100 The British honours system Reading Two points of view Strategy Identifying facts and opinions Vocabulary State and society Grammar <i>used to</i>	p102 An opinion essay Strategy Selecting ideas Introducing examples and conclusions
Vocabulary bank p141 Sport: places, Sport: compound nouns		
p112 Behind the scenes  Listening Inflatable crowds Strategy Listening for main ideas Vocabulary Films Everyday English Giving and reacting to news	p114 The BBC story Reading A short history of the BBC Vocabulary Types of TV programme Grammar Question tags	p116 A film review Strategy Writing endings Vocabulary Describing films
Vocabulary bank p142 Parts of a newspaper, Film genres		
p124 Protest  Listening Blood phones Vocabulary Environment Everyday English Persuading, agreeing and disagreeing	p126 Eyes in the sky Reading The big picture Vocabulary insight Adjective suffixes: <i>-ful</i> and <i>-less</i> Grammar The passive: future	p128 Describing a process Strategy Checking your writing: spelling and punctuation Expressing sequence
Vocabulary bank p143 Materials, Protest: verb phrases		